

# Psychiatric-Mental Health Nursing Exam Review

Wednesday, September 28, 2022 and Thursday, September 29, 2022 Indianapolis, IN





# **Agenda**

### Psychiatric-Mental Health Nursing Exam Review

#### Sign-in begins at 7:30 am.

Each day includes a one hour lunch break as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### Day 1, Wed, September 28 8:00 am to 5:00 pm

- Theories and Frameworks for Psychiatric Nursing Practice
- Communication and the Nurse-Patient Relationship
- Evidence-Based Psychiatric Nursing
- Provision of Care
- Leadership and Management
- Research
- Disease Prevention, Health Promotion and Education

### Day 2, Thur, September 29 8:00 am to 5:00 pm

- Treatment Modalities
- Psychiatric Disorders
- Psychopharmacology

# **Accreditation**

#### **RN/LPN/LVN/Other: 15 Contact Hours**

MED-ED, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).



MED-ED, Inc. is an approved provider by the following State Boards of Nursing: Florida/FBN 50-126, lowa/296, California/#CEP10453.

# Speaker

### Lisa Kongable, MAN, RN, PMH-CNS, ARNP, CNE

Lisa is an associate professor and the associate director of the baccalaureate nursing program at Iowa Wesleyan University in Mount Pleasant. For 20 years, she has taught psychiatric-mental health nursing, focusing on both the theory and clinical aspects of coursework. She has been a psychiatric staff nurse for over 30 years at the University of Iowa Hospitals & Clinics in Iowa City, where she has been awarded for nursing education excellence. In this setting, she is involved in leadership committees and the nurse residency program, achieving gold level status for its professional nursing recognition program. Lisa has also functioned in the ARNP role at Optimae LifeServices in Mount Pleasant for nearly 20 years. In addition, she has served as president and board member for the Iowa chapter of the American Psychiatric Nurses Association (APNA) and has presented on its behalf at the state and national levels.

MED-ED reserves the right to substitute an equally qualified speaker if necessary.

### **Course Overview**

This seminar is designed to provide the healthcare provider with a comprehensive review of Psychiatric–Mental Health Nursing Principles. The principle objectives of the course include enhancing professional nursing practice in Psychiatric–Mental Health Nursing as well as providing an outline for nurses preparing for the Psychiatric–Mental Health Nursing Exam. The course follows the outline and core curriculum recommended by the American Nurses Credentialing Center (ANCC). Case presentations will be presented to enhance critical-thinking skills and enhance knowledge of evidence-based practice in psychiatric settings.

### **Program Learning Outcomes**

This program prepares the learner to:

- Describe principles of professional nursing practice in Psychiatric-Mental Health Nursing.
- Review concepts that provide the foundation for Psychiatric– Mental Health Nursing practice.
- Discuss diagnostic criteria and assessment tools utilized to differentiate Psychiatric-Mental Health disorders across the lifespan.
- Identify therapeutic interventions and treatment modalities in Psychiatric-Mental Health Nursing.
- Recognize special populations at risk for developing Psychiatric– Mental Health complications.

# **Registration Information**

**Tuition** Includes Program Manual and CE Certificate

Community Health Network Employees Complimentary for both days.

Non-Employees \$200 for both days

#### To Register:

Attendees may register via website: https://www.ecommunity.com/events

Deadline to register or cancel for a full refund is Wednesday, Sept. 14, 2022.

#### Location

Community Hospital North campus 3rd Floor Multiservice Room 7250 Clearvista Drive, Indianapolis, IN 46256

(This is NOT in the main hospital but an office building attached to the back side of the hospital.)

Parking

Parking is available for free adjacent to 7250 building (white-line spaces) as well as next to the Community Rehabilitation Hospital.

Questions? Email NCampbell@ecommunity.com