



Inpatient Obstetric Nursing Exam Review

Course Description

Presented in lecture format, this course reviews topics for the National Certification Corporation (NCC) Examination “Inpatient Obstetrics.” Elements of the examination will be discussed, followed by a review of the content. Pictures, animation and graphics will be utilized to enhance the presentation. The major components include disease processes during pregnancy, fetal evaluation, application of fetal monitoring for the laboring client and postpartum and neonatal assessments. Practice questions will be integrated throughout the content.

Program Learning Outcomes

This program prepares the learner to:

- Describe the Inpatient Obstetric Nursing Exam, test plan and the practice requirements to sit for the exam.
- Develop a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800 **Understanding the NCC Examination**
Preparing for the Exam | Taking the Exam | Reference Review

Maternal Factors Affecting the Fetus and Newborn (14%)

0900 **Disease Processes**
Hypertension | Pre-eclampsia | HELLP | Magnesium Sulfate

0930 **Break**

0945 **Disease Processes (cont.)**
Gestational Diabetes | Maternal Cardiac Disease | Infectious Disease | Blood Disorders | Thyroid Disease

1130 **Lunch**

1230 **Pregnancy Risk (Lifestyle)**
Substance Use/Abuse

Fetal Assessment (20%)

1315 **Antepartum Assessment | Prenatal Diagnosis**
Ultrasound | Non-Stress Testing | Biophysical Profile | Maternal Serum Screening

1345 **Break**

1400 **Antepartum Assessment | Prenatal Diagnosis (cont.)**
Application of NICHD Terminology | Uterine Activity (Tachysytote) | Acid-Base Assessment (Cord Blood Analysis)

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Labor & Delivery (29%)

- 1500 **Physiology of Labor**
Cervical Ripening/Induction of Labor
- 1600 **Adjourn**

Agenda

Day 2, 8:00 am to 3:00 pm

- 0800 **Physiology of Labor (cont.)**
Stages of Labor | Pain Management (Analgesia/Anesthesia)

Obstetric Complications (20%)

- 0900 **Obstetric Complications**
Dysfunctional Labor | Shoulder Dystocia
- 0930 **Break**
- 0945 **Obstetric Complications (cont.)**
Amniotic Fluid | Multiple Gestation | Placenta Abnormalities

Postpartum (10%)

- 1015 **Postpartum**
Lactation | Physiologic Changes | Hemorrhage
- 1130 **Lunch**
- 1230 **Postpartum (cont.)**
Infections | Thrombosis

Newborn (5%)

- 1300 **Newborn**
Adaptation to Extrauterine Life | Gestational Age Assessment
- 1330 **Break**
- 1345 **Newborn (cont.)**
Common Skin Findings | Common Congenital Abnormalities

Professional Issues (2%)

- 1430 **Professional Issues**
Ethical Concepts | Research Terminology
- 1500 **Adjourn**

Accreditation

RN/LPN/LVN/Other: 12 Contact Hours

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