



# Maternal Newborn Nursing Exam Review

## Course Description

Presented in lecture format, this course reviews topics for the Maternal Newborn Nursing Exam by the National Certification Corporation (NCC). Elements of the examination are discussed, followed by a review of the content. The major components include disease processes during pregnancy, maternal and fetal complications, postpartum and neonatal assessments. Practice questions are integrated throughout the presentation.

## Program Learning Outcomes

*This program prepares the learner to:*

- Describe the Maternal Newborn Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

## Agenda

*Sign-in begins at 7:30 am.* Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### Day 1, 8:00 am to 4:00 pm

- 0800 **Understanding the NCC Exam**  
Exam Review | Taking the Exam | Reference Review
- 0900 **Pregnancy, Birth Risk Factors and Complications**  
Antenatal Factors
- 0930 **Break**
- 0945 **Antepartum Risk Factors and Complications**  
Hypertension | Diabetes | Cardiac Disease | Common Bacterial and Viral Infections
- 1130 **Lunch**
- 1230 **Antepartum Risk Factors and Complications (cont.)**  
Common Bacterial and Viral Infections | Anemias: Iron Deficiency and Folic Acid | Substance Abuse | Preterm Labor | Multiple Gestation
- 1315 **Fetal Assessment**  
Ultrasound | Non-Stress Test | Biophysical Profile | Maternal Screenings
- 1345 **Break**
- 1400 **Factors Affecting Maternal/Neonatal Outcomes: Intrapartum Factors**  
Significance of Fetal Heart Rate Patterns | Regional Anesthesia | Complications of Labor | Cord Gases
- 1500 **Maternal Postpartum Assessment, Management and Education**  
Physiologic Changes | Physical Assessment | Nursing Care
- 1600 **Adjourn**

## Day 2, 8:00 am to 3:00 pm

- 0800 **Maternal Postpartum Assessment, Management and Education (cont.)**  
Physiological Changes | Physical Assessment | Nursing Care
- 0830 **Lactation**  
Anatomy and Physiology | Hormonal Influences | Breastmilk Composition | Breastfeeding Complications | Newborn Feeding and Nutrition
- 0930 **Break**
- 0945 **Psychosocial and Ethical Issues**  
Normal Parent/Infant Interactions | Perinatal Grief | Ethical Principles
- 1015 **Maternal Postpartum Complications**  
Hematologic | Infection
- 1115 **Lunch**
- 1215 **Maternal Postpartum Complications (cont.)**  
Infection
- 1245 **Newborn Assessment and Management**  
Transition to Extrauterine Life
- 1315 **Break**
- 1330 **Newborn Assessment and Management (cont.)**  
Physical Assessment and Gestational Age Assessment | Newborn Complications
- 1500 **Adjourn**

## Accreditation

### RN/LPN/LVN/Other: 12 Contact Hours

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

© 2022 MED-ED, Inc. All rights reserved.

