

Course Description

The purpose of this program is to enable the learner/nurse/orthopedic patient-care provider to gain an introduction to the specialty of orthopedic nursing, which includes the study of the care of patients experiencing orthopedic trauma, sports injuries, fractures, total joint, arthroplasty, spinal surgery and orthopedic complications. Participants will be able to identify the essential components of a thorough, orthopedic-focused assessment for early recognition of complications, describe the breadth of orthopedic injuries and conditions, determine safe, positioning and mobilization, along with defining essential components of effective orthopedic patient education to achieve positive patient outcomes. The full-day course content is based on the national orthopedic nursing standards and patient teaching implications.

Program Learning Outcomes

This program prepares the learner to:

- Self-report at a 90% rate an increase in knowledge of the advances in orthopedic nursing and medical practice that will allow for better patient care and positive orthopedic outcomes.

Agenda

Sign-in begins at 7:30 am. The day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

8:00 am to 5:00 pm

- 0800 **Welcome and Introduction**
- 0810 **Basic Principles of Musculoskeletal System and Health**
Structures | Growth, Metabolism | Aging | History | Physical Assessment | Documentation, Plan of Care
- 1000 **Break**
- 1015 **Spectrum of Disorders**
Genetic | Fetal Developmental | Alignment | Trauma | Growth
- 1115 **Priorities of Care**
Surgical Interventions | Fracture Management | Exemplars for Nursing Care
- 1230 **Lunch**
- 1330 **Priorities of Care (cont.)**
- 1415 **Disease Processes**
Osteoporosis | Paget's Disease | Rickets | Hypo/Hyperthyroidism | Tumors | Physical and Psychosocial Challenges
- 1515 **Osteoarthritis | Pathophysiology | Interventions**
RA | SLE | Systemic | Sclerosis | Lyme Disease | Gout | Polymyalgia Rheumatica
- 1615 **Orthopedic Conditions**
Fat Embolism | VTE/Pulmonary Embolism | Acute/Chronic Compartment Syndrome
- 1645 **Orthopedic Jeopardy**
Practice Questions/Answers | Study Strategies

Accreditation

RN/LPN/LVN/Other: 7.5 Contact Hours

Includes 0.5 Pharmacology Contact Hour

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.



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