

# **Tricky, Testy and Sick: Special Patient Populations**

## **Course Description**

This course will discuss a variety of unique patient populations and situations facing today's nurse. Content will address emerging healthcare issues in pediatrics and geriatrics and discuss special situations related to patient and family experience, cultural competency and substance abuse.

## **Program Learning Outcomes**

This program prepares the learner to:

• Have resources and knowledge to address challenging situations that result from specific patient populations.

## **Agenda**

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

### 8:00 am to 4:30 pm

#### The Pediatric Patient: They're Not Just Little Adults

Unique Physiological Characteristics | Pediatric Assessment Triangle | Pain Scales | Physical Developmental Characteristics | Psychosocial Development | Common Pediatric Diseases

#### The Difficult Patient and Family: Taking Off the Boxing Gloves

Patient Experience | Compliant Management | Workplace Violence

#### Geriatrics: They're Not Just Big Children

Pace of Aging | Chronic Inflammation | Physiologic Changes of Ageing | Lab Values | Common Geriatric Syndromes | Screening Tools

### Lunch 12:15 pm to 1:15 pm

#### **Dealing with Cultural Diversity**

Unconscious Bias | Diversity, Equity and Inclusion | Cultural Competence | Cultural and Religious Considerations in Healthcare

### "I'm Allergic to All Non-Narcotics": Care of the Drug-Seeking Patient

Physiology of Pain | Pain Assessment | Opiates | Alternative Pain Management Strategies | Types of Drug-Seeking Behavior | Care Plan for Patients

#### **Evaluation and Wrap-Up**

## **Accreditation**

#### RN/LPN/LVN/Other: 7 Contact Hours

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.



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