

Inpatient Obstetric Nursing Exam Review



Course Description

This course will assist nurses in reviewing the basic knowledge of biological, physiological, psychological and sociocultural factors that influence the pregnant family, developing fetus and newborn. We will identify alterations in the status of the mother and the fetus and/or potential problems that could occur during the woman's childbearing experience. We will evaluate interventions and plan of care for the complicated perinatal patient using the latest standards of care and current evidence-based practice. All of this information will be presented through lecture, open discussion and review questions to assist the nurse in preparing for the NCC Examination in Inpatient Obstetric Nursing. Elements of the exam content will be discussed in addition to pertinent topics and discussion useful in current clinical practice. After taking this course, nurses will have a comprehensive study guide useful for preparing and reviewing for the NCC exam.

Program Learning Outcomes

This program prepares the learner to:

- Describe the Inpatient Obstetric Nursing Exam, test plan and the practice requirements to sit for the exam.
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered.
- Identify common mistakes and pitfalls that are made during studying and testing for the exam.
- Recall the core components covered in the exam through didactic supplementation and test questions.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:00 pm

0800 **Introduction**

Maternal Factors Affecting the Fetus and Newborn (14%)

0815 **Medications in Pregnancy**

0830 **Hypertensive Disorders in Pregnancy**

0930 **Diabetes in Pregnancy**

1000 **Pregnancy Risks**

Perinatal Infections | Blood Disorders | Rh Incompatibility | Substance Abuse

Fetal Assessment (20%)

1100 **Labor and Placental Disorders**

1130 **Preterm Labor and PROM**

1200 **Lunch**

Labor & Birth (29%)

1300 **Labor and Delivery**

Physiology of Labor | Labor Management | Obstetrical Procedures | Pain Management

1500 **Review Questions**

1600 **Adjourn**

Agenda

Day 2, 8:00 am to 4:00 pm

- 0800 **Fetal Assessment**
Antepartum Assessment | Electronic Fetal Monitoring | Fetal Acid- Base | Pattern Recognition Interpretation and Intervention

Obstetric Complications (20%)

- 1000 **Obstetric Complications**
Labor and Placental Disorders | Preterm Labor | Prolonged Pregnancy

Postpartum (10%)

- 1100 **Maternal Newborn Care: Postpartum**
Family Adaptation | Lactation | Complications of the Postpartum Period | Discharge Planning and Home Care

- 1200 **Lunch**

Newborn (5%)

- 1300 **Maternal Newborn Care: Newborn Care**
Adaptation to Extrauterine Life | Assessment | Resuscitation | Pathophysiology | Infant Nutrition

Professional Issues (2%)

- 1400 **Professional Issues**
Ethical Principles | Legal Issues | Patient Safety

- 1430 **Review Questions**

- 1600 **Adjourn**

Accreditation

RN/LPN/LVN/Other: 13 Contact Hours

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If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.

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