

Course Description

This course is designed to prepare the nurse specializing in caring for stroke patients to pass the Stroke Certified Registered Nurse Examination. The course reviews all major topics of the examination and provides information regarding the latest guidelines and protocols for managing stroke patients. It reviews different stroke types, assessment, acute management and rehabilitation of strokes.

Program Learning Outcomes

This program prepares the learner to:

- Identify the different types of strokes and follow the current stroke guidelines for managing strokes.
- Perform advanced neurological assessments for stroke patients.
- Teach patients and family about prevention and recognition of strokes.

Agenda

Sign-in begins at 7:30 am. Each day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

Day 1, 8:00 am to 4:30 pm

- 0800 **Anatomy and Physiology**
Vascular Anatomy | Brain Structures | Correlation of Deficits | Neuroplasticity
- 1000 **Break**
- 1015 **Preventive Care**
Risk Factors | Health Education | Patient Education | Lifestyle Changes
- 1130 **Lunch**
- 1230 **Hyperacute Care**
Initial Triage | Neurological Assessment | Stroke Scores | Administer Thrombolytics | Emergency Management
- 1430 **Break**
- 1445 **Diagnostics**
Understanding Diagnostic Tests | Risks and Benefits | Pre- and Post-Care
- 1600 **Test Review**
- 1630 **Adjourn**

Agenda

Day 2, 8:00 am to 4:00 pm

- 0800 **Acute Care**
Neurological Assessment | Diagnostic Tests | Monitoring | Safety Measures | Treatment Options | Associated Stroke Disorders
- 1000 **Break**
- 1015 **Acute Care (cont.)**
Holistic Care | Palliative Care | Organ Donation | Specific Stroke Care | Post-Interventional Procedures
- 1130 **Lunch**
- 1230 **Neurological Medications**
Indications | Contraindications | Side Effects | Dosage
- 1400 **Break**
- 1415 **Post-Acute Care**
Rehabilitation Care | Discharge Planning
- 1530 **Systems and Quality Care**
Protocols or Pathways | Stroke Units and Stroke Teams | Stroke Center Certification
- 1600 **Adjourn**

Accreditation

RN/LPN/LVN/Other: 13.5 Contact Hours

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **Iowa**/296, **California** #CEP10453.

If your profession is not listed, we suggest contacting your board to determine your continuing education requirements and ask about reciprocal approval. Many boards will approve this seminar based on the accreditation of the boards listed here.



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